

Bulk

Blueberry Muffins



Light, fluffy, and super moist, this muffin is packed with plump blueberries and finished with extra crispy cinnamon crumb topping.

Nutrition Facts

Serving size 1 muffin (136 g / 4.8 oz)

Amount Per Serving

Calories **490**

% Daily Value*

Total Fat 23g	29%
Saturated Fat 9g	47%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 410mg	18%
Total Carbohydrate 65g	24%
Dietary Fiber 2g	6%
Total Sugars 33g	
Includes 30g Added Sugars	59%

Protein 7g

Vitamin D 0.3mcg	2%
Calcium 40mg	4%
Iron 2.1mg	10%
Potassium 120mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Ingredients: Enriched Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Sugar, Blueberries, Egg, Butter, Canola Oil, Margarine (soybean oil, palm oil, water, salt, contains 2% or less of: mono-and diglycerides, soy lecithin, natural butter flavor, annatto color, vitamin a palmitate), Buttermilk, Water, Contains 2% or less of: Baking Powder (sodium acid pyrophosphate, baking soda), Cinnamon, Cornstarch, Guar Gum, Modified Cornstarch, Mono and Diglycerides, Nonfat Milk, Polysorbate 60, Salt, Soy Flour, Soybean Oil, Vital Wheat Gluten, Whey, Xanthan Gum

Allergy Information: Contains: Egg, Milk, Soy, Wheat. Made on equipment shared with Tree Nuts.

Contains a bioengineered food ingredient.



FOR OPTIMUM FRESHNESS KEEP PRODUCT
Up to 1 year Frozen, 10 days Refrigerated, 5 days at Room Temperature.

SKU Code	Units/Case	Case GTIN	Case Dimensions (in)	Case Cube	Pallet (Tie / High)	Gross Wt.	Net Wt.
1313U	12	00833282000358	15.5 x 11.5 x 4.47	0.46 cu ft	150 (10/15)	4.7 lb (2.1 kg)	3.6 lb (1.6 kg)